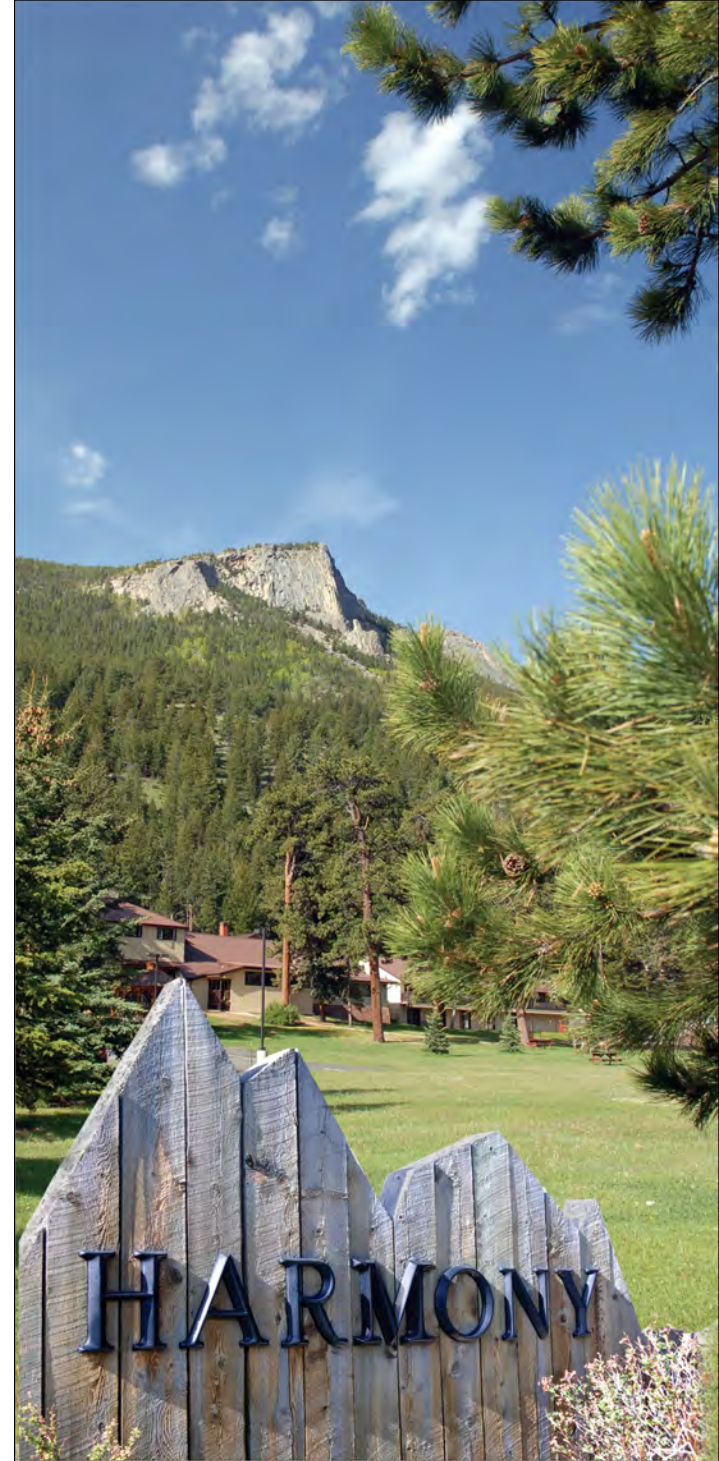


Harmony's residential treatment, along with a beautiful setting in the Colorado mountains, brings together all the desired ingredients for a peaceful, safe and quality treatment experience.



1600 Fish Hatchery Road  
PO Box 1989  
Estes Park, CO 80517  
(970) 586-4491  
Toll Free: 866-686-7867  
[www.harmonyfoundationinc.com](http://www.harmonyfoundationinc.com)



***Harmony Foundation offers  
Loving Intervention Services***

***Quality treatment  
in a peaceful and serene setting***

## About Harmony

Since its beginning in 1969, Harmony Foundation has become one of the most respected residential chemical dependency treatment centers in the country.

Nestled in a breathtaking valley below Rocky Mountain National Park in Estes Park, Colorado, Harmony provides a picturesque mountain setting; a quiet, contemplative and spiritual environment conducive to beginning a journey into recovery.

Harmony is a non-profit corporation specializing in quality, yet affordable, gender separate treatment for chemical dependency. Harmony is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and licensed by the State of Colorado.

**Harmony's comprehensive approach to recovery** is designed to treat the physical, emotional, spiritual and psychosocial aspects of the disease. Harmony believes the program, based on the 12 Steps of Alcoholics Anonymous, offers a strong foundation for long-term recovery.

In order to aid our clients in maintaining lifelong sobriety, we offer, free of charge, weekly aftercare meetings in two front range locations.



## Residential Gender-Separate Treatment

In the treatment and recovery process, men and women often have different needs. To address these unique needs, Harmony offers separate residential programs for men and women. These gender-specific programs allow for a much more focused, thorough and meaningful exploration of issues—in a comfortable, safe, and supportive **environment not often found in “mixed” programs**. Harmony has found this approach to work extremely well for our clients, men and women alike, as they discuss issues that sometimes are very personal and sensitive in nature. Harmony **also offers men's and women's 12-Step meetings** regularly each week that are strongly supported by the 12-Step communities from surrounding areas.

The campus contains two main buildings that house the separate programs and activities, and provides comfortable visiting areas. **Client cabins are in close proximity to where each program's activities take place.**

## Brief Residential Stay

In special circumstances, an individual who has recently completed treatment and suffered a relapse may be admitted to a shortened residential stay. Admission to this brief treatment experience is based on assessment and approval by the clinical staff for appropriateness. This program focuses on the realities of recovery, obstacles and triggers, and the tools needed to avoid relapse in the future.

## Nursing/Medical Services

Harmony Foundation takes great pride in the quality of medical care provided to our clients. Harmony is licensed by the State of Colorado to provide medical detoxification. **Harmony's Medical Director, Dr. Sean Murphy MD**, is board certified by the American Society of Addiction Medicine (ASAM) as an addictionologist and holds special licensing for opiate withdrawal. A highly skilled nursing staff is available 24 hours a day to provide medical assistance and care for our clients. The services of a consulting psychologist are available when clinically indicated.



## Family Program

**Harmony's Family Program** has long held the reputation of being one of the most powerful **and important components of a client's treatment experience**. Harmony places great emphasis on helping affected family members and concerned others by providing a structured, intensive Family Program on campus. This program offers renewed hope for all—those with addiction and those affected by it. Weekly aftercare meetings for family program graduates are offered twice a week, free of charge.